VERNON PARKS AND RECREATION DEPARTMENT

YOUTH SPORTS
SKILL-BASED PROGRAMS

Skyhawks Sports Academy *provides sports programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.*

SPRING 2020

BASEBALL TOTS

Learning baseball has never been more fun! BaseballTots classes focus on fine and gross motor skills as well as body control. We teach all the baseball basics, such as throwing, catching, hitting and running control. We are excited to help these little ones develop a love of the game.

BATTERS

We use a variety of fun games to develop balance, movement, and baseball skills as well as listening to instructions. Very active and fun!

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117858	4/25 - 5/30	S	9:00 a.m. - 9:40 a.m.	3-3	$70*	Northeast School

BATTERS II

This is the progression class for Batters. More challenging skills and new concepts are introduced. The emphasis is on individual baseball skill development and fitness.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117859	4/25 - 5/30	S	9:45 a.m. - 10:25 a.m.	3-4	$70*	Northeast School

HITTERS

Fun, skill development games are played as well as some introduction to baseball and team concepts. Some small-sided scrimmaging is played.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117860	4/25 - 5/30	S	10:30 a.m. - 11:15 a.m.	4-4	$70*	Northeast School

HOMERS

This class develops hitting, throwing, catching and body control by playing fun skill building games. Some small-sided scrimmaging is played.

(course)	(dates)	(days)	(time)	(ages)	(fee)	(location)
SSA117861	4/25 - 5/30	S	11:20 a.m. - 12:05 a.m.	4-5	$70*	Northeast School

**$10 non-resident fee added to registration fee for all non-residents*

SPACE IS LIMITED!
REGISTER TODAY»

Online:
skyhawks.com

Phone:
800.804.3509