



Camp Summer Lunch Menu 2021



Meals available at no cost!

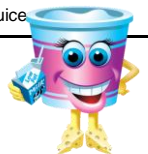
all lunches are served with ice cold chocolate milk!

	Monday June 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Sunbutter & Jelly/String Cheese	Make-Your-Own-Pizza	Mighty Muffin Meal
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Orange Smiles	Fresh Apple	Baby Carrots & Ranch
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	28	29	30	July 1	2
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Sunbutter & Jelly/String Cheese	Make-Your-Own-Pizza	Mighty Muffin Meal
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Orange Smiles	Fresh Apple	Baby Carrots & Ranch
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	5	6	7	8	9
Lunch Entrée		Ranch Popcorn Chicken Wrap	Mighty Muffin Meal (Muffin, String Cheese, Goldfish)	Make-Your-Own-Pizza	Ranch Popcorn Chicken Wrap
Fruit/Veg		Raisins or Craisins	Baby Carrots & Ranch	Fresh Apple	Orange Smiles
Fruit/Veg		100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	12	13	14	15	16
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Mighty Muffin Meal (Muffin, String Cheese, Goldfish)	Make-Your-Own-Pizza	Ranch Popcorn Chicken Wrap
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Baby Carrots & Ranch	Fresh Apple	Orange Smiles
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	19	20	21	22	23
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Mighty Muffin Meal (Muffin, String Cheese, Goldfish)	Make-Your-Own-Pizza	Ranch Popcorn Chicken Wrap
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Baby Carrots & Ranch	Fresh Apple	Orange Smiles
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	26	27	28	29	30
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Mighty Muffin Meal (Muffin, String Cheese, Goldfish)	Make-Your-Own-Pizza	Ranch Popcorn Chicken Wrap
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Baby Carrots & Ranch	Fresh Apple	Orange Smiles
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	August 2	3	4	5	6
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Mighty Muffin Meal (Muffin, String Cheese, Goldfish)	Make-Your-Own-Pizza	Ranch Popcorn Chicken Wrap
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Baby Carrots & Ranch	Fresh Apple	Orange Smiles
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	9	10	11	12	13
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Mighty Muffin Meal (Muffin, String Cheese, Goldfish)	Make-Your-Own-Pizza	Ranch Popcorn Chicken Wrap
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Baby Carrots & Ranch	Fresh Apple	Orange Smiles
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
	16	17	18	19	20
Lunch Entrée	Turkey & Cheese Croissant	Ranch Popcorn Chicken Wrap	Mighty Muffin Meal (Muffin, String Cheese, Goldfish)	Make-Your-Own-Pizza	Ranch Popcorn Chicken Wrap
Fruit/Veg	Applesauce Cup	Raisins or Craisins	Baby Carrots & Ranch	Fresh Apple	Orange Smiles
Fruit/Veg	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice



milk available each day as part of a complete meal

menu subject to change based on availability



Meals are made available to all students at no cost through the Summer Food Service Program and the United States Department of Agriculture. Participation in the summer meal programs directly benefits Vernon Public Schools.

Weekend meals are available for pick up every Wednesday between 12:00 - 2:00PM at Vernon Center Middle School (side parking lot).

Questions? Contact Director of Food & Nutrition Elizabeth Fisher, efisher@vernon-ct.gov.

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